

Probiotic Prescribing Practices: Empowering Medical Doctors for Improved Patient Health

October 19, 2024 – Corinthia Palace, Malta

The International Society of Microbiota is pleased to host a new workshop on October 19, titled "Probiotic Prescribing Practices: Empowering Medical Doctors for Improved Patient Health."

Objective:

The workshop's goal is to equip medical professionals with in-depth knowledge of the clinical applications of microbiota research, emphasizing the prescription of probiotics, the future potential of these treatments in health and disease.

Target Audience:

This workshop is designed for a diverse group of health professionals, including: Medical Doctors and Practitioners, Nutritionists, Gynecologists, Cardiologists, Neurologists, Oncologists, Medical Researchers with an interest in microbiota, Industry Representatives eager to share their innovations with the medical community.

What questions will shape our probiotic discussions at the workshop?

- 1. How can we incorporate the latest research on the microbiome for the best outcomes?*
- 2. What challenges and opportunities exist in the current use of probiotics?*
- 3. In what ways can next-generation probiotics and metabolites revolutionize patient care?*
- 4. How do we select and provide the right probiotics or metabolites to patients in 2024?*
- 5. How can patient education on probiotics be improved for better self-management?*
- 6. What role do probiotics play in personalized medicine and patient-specific treatments?*
- 7. How can regulatory standards for probiotic products be enhanced to ensure quality and efficacy?*
- 8. How to ensure marketing does not overshadow evidence-based probiotic benefits?*
- 9. What is the optimal mode of probiotic administration: tablets, food, or fermented products?*
- 10. What are the established safety limits for probiotic consumption?*

Workshop Program

14h00 – **Welcome and Introduction**

- Brief welcome by the host.
- Overview of the workshop's objectives.

14h10 – **Keynote Address: Advances in Microbiota Research**

- State-of-the-art advancements in microbiota research across various medical domains.
- What ISM 2024 brought to us

14h40 – **Session on Probiotics in 2024: Selecting the Right Probiotics**

- Criteria for selecting appropriate probiotics for different health conditions in 2024.

15h30 – 16h15 Coffee Break & Probiotic Exhibitors Visits

16h15 – **Hot Topic: Prescribing Probiotics Effectively**

- Guidelines for timing and duration of probiotic therapy.
- Case studies on effective probiotic usage in clinical settings.
- Safety and efficacy considerations for specific probiotic strains.
- Insights into clinical studies from the industry.

17h00 – **The Next Generation of Probiotics and Metabolites**

- Innovations in probiotic formulations with new strains and metabolite products.
- Potential clinical applications and implications for future research.

17h30 – **Innovations & Clinical Cases Selected by the Scientific Committee from Companies and Industries**

If you wish to showcase your product, kindly [contact us](#).

18h15 – **Closing Remarks & Discussion**

- Recap of key learnings and insights from the workshop.

18h30 – **End of Workshop**

Videos on demand and abstracts book will be available after the meeting.